

ROCK POOLING

~ go down to the beach at low tide, find some rocks and start snooping around ~

What to take: Some good shoes or boots - ideally waterproof ones.

What to watch out for: The tide - don't get marooned, you can check tide times locally when you arrive. Also beware of slippery rocks which can lead to unexpectedly nasty falls.

What might I find? Rock pool creatures and rock pool weeds, tick when you see them:

1. Limpets		6. Barnacles	
2. Crabs		7. Shrimps	
3. Fish		8. Starfish	
4. Seaweeds		9. Other	

- ❖ Watch carefully and quietly - many seashore creatures are hard to spot and they will conceal themselves from view if they think you are a threat.
- ❖ You will find things on top of rocks, in cracks and crevices, under stones, on seaweeds and in rockpools. If you lift a stone to see what is underneath, make sure you put it back down
- ❖ Remember that every tiny detail of a rock pool is very important to the survival of one creature or another. Therefore, leave everything just as you found it and the rock pool creatures will be there for next time.